

To Let the Shape  
Announce the Filling  
by  
Sydney Shavers

2021

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## Yesterday, in a bid to steer off the

impending winter/transitory life milestone blues-I'm  
so tired of performing why do we live under capi-  
talism STILL also what the fuck is happening in my  
love life god why is the entire universe in retrograde  
and also I just found out my psychiatrist(NP) died  
last month?sonowihavetorationthreepillsforeightday-  
sanditsreallyfuckingwithmebutifeelweirdcomplain-  
ingaboutit

-can i please just  
opt out

## , I picked up Crème brûlée from a bakery off the Borough Hall 4 Stop

{Incidentally, there was a book fair happening that I had  
screenshot-ed a reminder for the day before, but never actually  
planned to look at again. So, I walked through & ended up  
picking up a book on fungi because I'm tired of processing my  
emotions for the first time in my adult life & reading the same  
ten poststructuralists but also I'm not into fiction. Something  
about tapping the scanner with my phone's Apple Pay felt  
calming even though financially I shouldn't be buying books  
when I have 300 pages of text to read a week because I'm a  
recovering anxious-perfectionist-masochist who would like to have a career  
sustain me one day (please sky zaddy!)

**I'm not usually big on desserts & appreciate them aesthetically more than anything  
but as someone who has a plethora of mental \_\_\_\_\_ (...do we say  
divergences now?) as well as an allergen-enforced restrictive diet I have a terrible time  
eating regularly & sometimes the only way I can is to  
indulge my need to ,well, indulge**

*And I know it seems like I'm talking  
about self-care in the 'I'm going to  
run a bubble bath after bleaching the  
tub I share w/ two roommates and two  
cats who love post-shower tub time' &  
eat avocado toast & masturbate (not  
fuck) my problems away  
kind of way*

*and not the 1960s medical advice  
cum social media-linguist-purist  
kind of way*

*but if I literally can't force  
myself to eat anything but baby  
carrots, \$7 rose Kombucha & a creme  
brulee isn't that better than eating  
nothing? }*

Crème brûlée translates to burnt (or burned) cream in French; it's allegedly one of the world's  
oldest desserts. ----- now that I'm thinking about it, what do we categorize as a dessert because , like, biblically an apple feels pretty dessert-like<sup>1</sup> ----  
. First appearing in written form via the 1691 cookbook, Cuisinier royal et bourgeois, the French  
have laid claim to the pudding but there's a 'virtually identical' dessert called the crema catalana  
that traces back to 14th century Spain. *Oh, and the English call it Trinity Cream.*

1. "Apple" is defined by Merriam Webster as the fleshy, usually rounded red, yellow, or green edible pome fruit of a usually cultivated tree (genus Malus) of the  
rose family OR a fruit or other vegetative growth suggestive of an apple

: 'At its most basic, Crème brûlée is a creamy, pudding-like, baked custard with a brittle top of melted sugar that cracks when you gently tap it with a spoon. The custard is made with heavy cream, eggs, sugar, and vanilla.

----

*'It didn't become popular in the US until the 1980's age of decadence and self-indulgence, a second renaissance, punctuated by cocaine and a newfound interest in all things epicurean and crème brûlée was at the center of it all. In this perfect storm of events, the crème brûlée made its come-back at precisely the right time. The darling of the restaurant boom, the brûlée encapsulated that whole gratuitous decade in one small ramekin.'*



**SNAP**

**CRACKLE**

**POP (SODA)  
(ROCKS)**

**SMOKE 4 SEVEN** \_\_\_\_\_

**SERVE SCALDING**

# IT'S NOT ABOUT THE PASTA<sup>1</sup>

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1. In the Real Housewives of Beverly Hills' spinoff, Vanderpump Rules (Season 6 Episode 7), DJ James Kennedy confronts Lala Kent (aka Lauren from Utah) about eating all of his girlfriend's 'pasta'. As the argument escalates he repeatedly proclaims "It's not about the pasta!" There are theories that 'pasta' could be a code word on the reality show for cocaine. The old code word for cocaine was presumed to be 'tequila'. Kristen Doute asked Stassi Schroeder in Season 2 for a "bump of tequila" (incorrectly transcribed on Hulu.com as a 'shot of tequila' evidenced by Stassi's knowing yet surprised expression {even though castmember Ariana Madix tweeted on 1/23/2018 "There is a word for blow andt pasta aint it."}); both of them were fired by Bravo in 2020 for racist comments about a former castmate.

*Preheat* [Line a baking tray with baking paper]

Arrange; drizzle with 2 teaspoons

Add  
salt.                      zest, spices and

Meanwhile, place juice, mustard, syrup, vinegar and remaining oil in a screw-top jar.

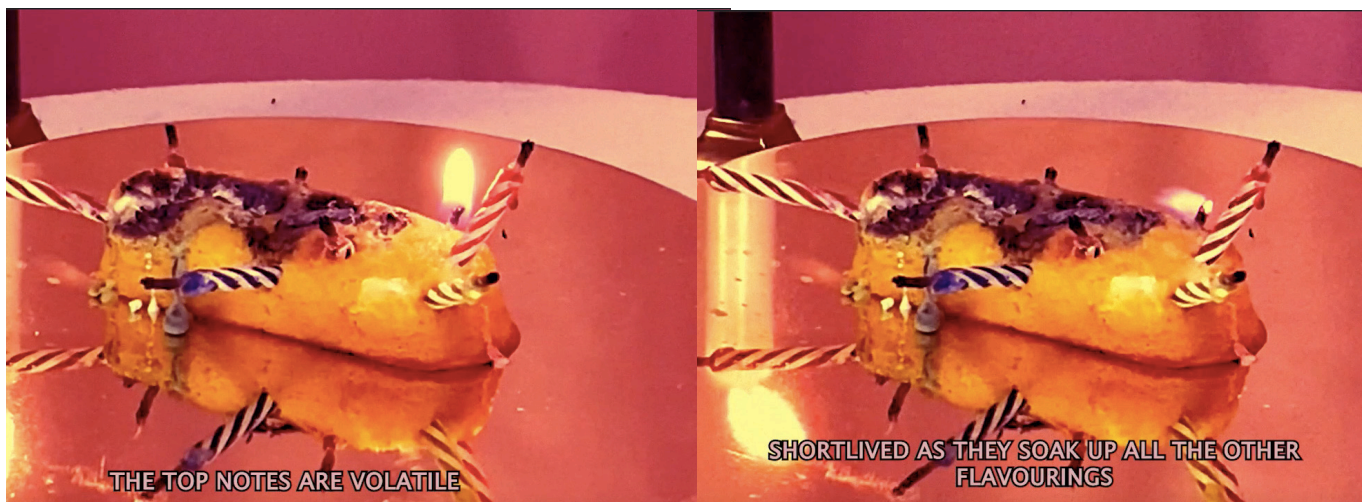
Toss all in a big bowl with, just enough to lightly coat

Shake well.                      will wilt slightly.

Arrange  
mixture on a serving plate & top with sun-dried

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**SALADS TO MAKE WHEN IT'S TOO                      FOR SALAD**



Rihanna is allegedly the best smelling celebrity in the world, her perfume of choice, is a sweet gourmand<sup>1</sup> with unmistakable notes of marshmallow, vanilla, and caramel. The top and mid notes are citrusy and white florals, but the base notes are sugary gourmands<sup>2</sup>—so by the time people are smelling Rihanna in a hug, she probably smells like the world's greatest dessert.<sup>3</sup> Rihanna's eponymous Fenty Beauty line immediately sold out their first perfume, Fenty Eau De Parfum, on its August 10th premiere drop. While it doesn't smell like Rihanna the perfume has notes of magnolia, musk, tangerine, blueberry, Bulgarian rose absolute, geranium, and patchouli. 'Unlike so many other celebrity scents, Fenty's fragrance doesn't smell sticky-sweet or overtly floral. It's a bold, elevated, sensual scent.'<sup>4</sup>

I remember growing up owning some variation of Glow by J.Lo that came in a velvet bag, edit: turns out it was actually Live, Jennifer Lopez. My mom hated it, the top notes brought the harmony of Sicilian lemon, bergamot and pineapple and it reflected Jennifer Lopez' life philosophy of ~living to dance~. The heart, full of rhythm, unites the notes of red currant, peony and violet. My mother much more preferred my Paris Hilton, CanCan perfume, inspired by the film Moulin Rouge and the song Lady Marmalade, in short, the fragrance was floral-fruity, ~~oriental~~<sup>5</sup>, and of course, very sensual.

I remember walking around Ulta waiting for our family hairdresser to finish up with my and/or sister. That's when I had my first IRL interaction with Jessica Simpson's line of kissable and taste-able 'Dessert Treats'. Dessert girls are full of sweetness and desire and they don't mind getting their hair a little messed up in the name of seduction," the original press release read. "Sexy girls want a Taste."<sup>6</sup> Very, very sensual.

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1. Gourmand originates from the Middle French word *gourmant*, meaning "glutton" as an adjectival form from Old French where it had the sense of 'a great eater', its ultimate origins are unknown

2. Synthetic edible notes such as honey, chocolate, vanilla or candy. Often blended with non-edible base notes

3. The word "dessert" originates from the French word *desservir*, meaning "to clear the table."

4. Before Rihanna launched her own Fenty beauty line she released perfumes under the line, Parlux Fragrances. Once such fragrance is Rogue by Rihanna (2013) which was described by a reddit commenter in 2021 as 'a sweeter dupe of Bottega Venetta'.

Rihanna commented on the fragrance 'People are always changing and evolving, and with my Rouge, my new fragrance, I wanted to switch it up to reflect who I am today. It's a personal fragrance that's more self-aware. It's Rouge, it's me.' In another interview she states the fragrance as being "for all women for every mood".

5. "To align or position (something) relative to the points of a compass or other specified positions", Oxford Languages

6. Ms. Green, the 'sexy' green M&M (est. 1997) was conceived as such due to a 1970's urban legend that green M&M's were an aphrodisiac. It is now firmly established, via a 'which queer kids character are you' ig filter & M&M's twitter, that she is queer.



# \_keepability\_

## Sourdough Discard Crackers Recipe:

Sourdough discard crackers are thin, crispy and have that amazing tang that you can only get with real sourdough! You'll never want to throw away your sourdough discard after you taste these addictive crunchy crackers!

Prep Time 10 mins Cook Time 1 hr

Servings: 4 Calories: 98kcal Author: Amy Duska

### Ingredients

- 3/4 cup (200 g) discarded sourdough starter (stirred down)
- 2 tablespoons (28 g) butter (melted)
- 1/4 teaspoon (1 g) fine sea salt
- 2 teaspoons dried herbs (Herbs de Provence)
- 1/4 teaspoon (1 g) salt for sprinkling on top

### Instructions

Preheat your oven to 325°F (162°C) and line a baking sheet with parchment paper. Melt the butter in a mixing bowl and let cool.

Weigh the sourdough discard, dried herbs and salt into the bowl of melted butter and mix thoroughly until well combined. Use an off-set spatula to spread the mixture in a thin, even layer onto the parchment paper. Sprinkle the top with salt.

Bake for 10 minutes. Remove from oven and score the crackers. Bake for an additional 20-50 minutes or until the crackers are golden brown. Let cool completely before breaking into squares. (Oven temperatures vary, check the crackers after 20 minutes into baking to make sure they do not over bake. See notes.)

### Notes

Because these crackers are so thin, in some ovens they can brown quite quickly. I recommend checking them at the 20 minute mark the first time you bake them to make sure they do not over bake and burn. Adjust your baking time accordingly!

The discard can be used either, cold, right out of the fridge or at room temperature.

Store in an air-tight container for up to one week at room temperature.

Fresh herbs and grated hard cheeses can be added to create different flavors.

Scoring the crackers is optional. The sheet can easily be broken into pieces after baking and cooling off.

### Nutrition

Serving: 6crackers | Calories: 98kcal | Carbohydrates: 10g | Protein: 1g | Fat: 6g | Saturated Fat: 4g | Cholesterol: 15mg | Sodium: 439mg | Fiber: 1g | Sugar: 1g | Vitamin A: 213IU | Vitamin C: 1mg | Calcium: 19mg | Iron: 1mg

*used to wake up from orange & yellow neverending spirals.*

*the ones that remind you of carnivals or tied to strings used to hallucinate people in tv shows.*

*they insisted fruit rollups, would be there too as if that would be enough*

1 "Cracker biscuits had two important attributes in their military incarnation: their keepability and their absorbability" <http://www.theoldfoodie.com/2006/11/better-soda-cracker.html>

2 Apeirophobia: The Fear of Eternity

3. "Certain places exist only through the words that evoke them, and in this sense they are non-places, or rather, imaginary places: banal utopias, clichés". *Non-Places: An Introduction to SuperModernity* by Marc Auge

SQUEEZE any excess liquid from the grated potatoes and place in a bowl with onion, flour and one egg.

mix together well and season with salt and pepper. you may need to add another egg, depending on how wet the mixture is

HEAT enough oil in the base of the frying pan to shallow fry. Form the mixture into patties and fry until golden brown on both sides.

Serve with a FRESH garden salad for a light meal or make smaller patties and serve with a sweet Chili sauce for dipping



## **I bought this overpriced brownie mix** from Food Universe.

I can't remember the last time I actually used a boxed mix, since moving here  
*..except for bisquick...*

*we love a shitty comfort drop biscuit.*

The mix I bought was grain-free, apparently that means it not only allergens but taste. I realized this after pulling the glass pan out of the fridge and cutting into the chilled-but-still-definitely-warm 'brownie'; cursing myself for not going ahead and adding semi-sweet bits or at the very least cocoa powder to the bagged

**The pre-packaged mix would not provide me the slutty<sup>1</sup> brownie I had craved.** Instead I got a tasteless dry brown cake that I ate more of than I want to admit - I complained to my roommate about my disappointment whole time.

**I wanted a chewy brownie with crisp edges & chocolate oozing out leaving a sticky trail behind on my plate.**

Prepackaged mix is used as a way to save time. It objectively isn't as 'nice' as a cake made from scratch with its synthetic tinge but if you want to be cute and have a moderate bit of fun creating something for someone who you don't want to dedicate as much of your time to, a higher end box might be the way to go.

*( & honestly I  
probably spent the first half  
of my life thinking boxed  
cake was from 'scratch')*

**Market psychologist Ernest Dichter<sup>2</sup>, the inventor of boxed mix as we know it, realized that housewives<sup>3</sup> needed fulfillment and added instructions for a fresh egg<sup>4</sup> as opposed to including a powdered version. Eventually it was necessary to expand the cake industrial complex thus the frosting -marketed-as-a-creative-experience was born<sup>5</sup>.**

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1. Contemporary maximalist music is defined by composer David A. Jaffe as that which "embraces heterogeneity and allows for complex systems of juxtapositions and collisions, in which all outside influences are viewed as potential raw material". Musicologist Richard Taruskin defines maximalism as a "radical intensification of means toward accepted or traditional ends."

2. Dichter also coined the term 'focus group'.

3. The most popular entry for housewife on Urban Dictionary.com defines housewife as: A woman who stays home to take care of the house, the kids, the husband and the pets. She works up a sweat, has anxiety attacks and burst into tears when a 2 year old says "no!" for the 100th time that day after having to pick up dog poop from the livingroom floor, washing 3 loads of laundry, washed all the dishes, went grocery shopping with 2 screaming kids, who get sick and throw up in the middle of the store. Then she comes home, cleans up the kids, starts to make dinner with both kids hanging on her leg, only to have it burn. She receives no thanks from anyone and gets no paycheck. (submitted in 2005)

4. Vegan egg product *Just Egg* markets themselves as 'Made from plants, not chickens'. Sounds like pro-life propaganda to me tbh.

5. The Powerpuff Girls was originally called The WhoopAss Girls, when it was picked up by Cartoon Network they changed the title to make the show appropriate for children.

2 panel - layer upon layer upon layer 2 individual

*S 3 e 1*

*c.r.e.a.m.y*

*crab*

*how's*

*he gonna come*



TWO OUNCES CLEAR PREMIUM TEQUILA,  
BETHENNY PREFERS PATRON SILVER  
**(COUNT, 1, 2 WHILE YOU POUR,  
NO NEED FOR MEASURING)**

1/2 LIME, JUICE OF

**SPLASH**, GRAND MARNIER or BOLS TRIPLE  
SEC

Blanco (sometimes called silver) is un-aged tequila, and is usually bottled very soon after it's distilled. As the name suggests, blanco tequila is the clearest in color and goes well in mixed drinks or as a complement to Mexican dishes. Blanco tequila is the purest type of 100 percent agave tequila — more pure than aged agave tequilas like reposados, or mixed tequilas that include other types of sugars, like mixtos. “Blanco or silver tequilas are the healthiest because the darker aged tequilas are often aged in barrels used for other types of alcohols,” explains Chris Chen, licensed acupuncturist and owner of the Simple Broth Bone Company. — what most Americans think of as tequila — is 42 percent corn syrup, which gives you a horrible hangover. We have a lot of trainers and fitness gurus who come in and drink every day — and the way they're able to do that is to stick to pure agave spirits.

2

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1. “Being against purity means that there is no primordial state we might wish to get back to, no Eden we have desecrated, no pretoxic body we might uncover through enough chia seeds and kombucha”. *Against Purity: Living Ethically in Compromised Times*, Alexis Shotwell

2. “It would be the death of myself as multiplicitous...whenever I desire separation, I risk survival by confusing split separation with separation from domination, that is, separation among curdled beings who curdle away from their fragmentation, their subordination.” *Purity, Impurity and Separation*, Maria Lugones

# The Business Woman Special™

IN, 2009, BETHENNY FRANKEL, 'OG' CAST MEMBER OF THE REAL HOUSEWIVES<sup>12</sup> OF NEW YORK, CREATED HER FAMOUS LOW CALORIE SKINNYGIRL COCKTAIL LINE INCLUDING THE SKINNYGIRL MARGARITA. IN 2011, SHE SOLD HER SKINNYGIRL BRAND<sup>3</sup> TO (JIM) BEAM.INC FOR \$100 MILLION

## MEET THE GIRLS®:

WINE & SPIRITS: VODKA W/NATURAL FLAVORS, PINOT NOIR, CHARDONNAY, CABERNET SAUVIGNON, CALIFORNIA RED BLEND, MOSCATO, CALIFORNIA WHITE BLEND, PINOT GRIGIO, SWEET 'N' TART GRAPEFRUIT MARGARITA, WHITE CRANBERRY COSMO, MARGARITA, WHITE PEACH MARGARITA, SPICY LIME MARGARITA, SWEET'ARITA  
FAT FREE/SUGAR FREE SALAD DRESSING: HONEY DIJON, POPPYSEED, BALSAMIC VINAGERETTE, BUTTERMILK RANCH, RASPBERRY VINAGERETTE  
POPCORN: BUTTER & LIME, BUTTER & SEA SALT PRESERVES: RASPBERRY BELLINI, APRICOT MIMOSA, MERLOT GRAPE, STRAWBERRY ROSE, BLACKBERRY MULE, SYRUP: SALETD CARAMEL SUPREME, CINNAMON TOASTED VANILLA, HAZELNUT DREAM, VANILLA SWIRL, MOCHA FUDGE  
TEA: VANILLA TEA LATTE, CHOCOLATE CHAI LATTE, SANGRIA HIBISCUS, MOJITO MINT, PEACH CRANBERRY COSMO, BELLINI, COFFEE PODS: AMERICANO, BREAKFAST BLEND, COCONUT MACARON, HALF CAFF, SALTED CARAMEL SUPPLEMENTS: COLLAGEN ENHANCER, HAIR, SKIN & NAILS WITH BIOTIN, SENSUALITY FOR FEMALE INTIMACY (HYDROXYPROPYL METHYLCELLULOSE, MICRO-SCRYSTALLNE CELLULOSE, MALTODEXTRIN, MAGNESIUM STEARATE, SILICA), CAULIFLOWER GLUTEN-FREE FLATBREAD CHEESE PIZZAS, ORIGINAL CHERRY JUICE, CHERRY JUICE + POMEGRANATE, CHERRY JUICE + BLACKBERRY, CHERRY JUICE + BLUEBERRY, CAPRI PANTS & SHORTS, DRESSES, ACTIVEWEAR, JACKETS & OUTERWEAR, JEANS, JUMPSUITS, LOUNGEWEAR & SLEEPWEAR, PANTS, SWEATERS, TOPS, LINGERIE & SHAPEWEAR

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1 . In *Understanding Media: The Extensions of Man*, McLuhan states "Another way of explaining the acceptable, as opposed to the unacceptable, TV personality is to say that anybody whose appearance strongly declares his role and status in life is wrong for TV. Anybody who looks as if he might be a teacher, a doctor, a businessman, or any of a dozen other things all at the same time is right for TV. When the person presented looks classifiable...the TV viewer has nothing to fill in. He feels uncomfortable with his TV image. He says uneasily, "There's something..that isn't right." The viewer feels exactly the same about an exceedingly pretty girl on TV, or about any of the intense "high definition" images and messages from the sponsors.

2. When *Real Housewives* was announced in 2005, it was envisioned as an unscripted version of primetime soaps, ie. Peyton Place & Desparate Housewives. Bravo president Lauren Zalaznick announced "viewers have been riveted by the fictionalized versions of such lifestyles on television. Now, here is a series that depicts real-life 'desperate' housewives with an authentic look at their compelling day-to-day drama."

3. "The U.S. Bureau of the Census (1970) traditionally classifies housewife in the 998 group along with "student" and "looking for work," both temporary statuses of conditional respectability and low economic standing" *The Social Standing of a Housewife*, Linda Burzotta Nilson

# KOPYKAT RECIPES<sup>1</sup>

Kandi Burress, the singer/songwriter behind TLC's *No Scrubs*, launched her sex toy MLM<sup>2</sup>, Bedroom Kandi,

Kyle Richards<sup>3</sup> (the little girl from Halloween 197\_) has SIX boutiques,

Lisa Vanderpump (LVP) launched a line of what has been described as 'syrupy' pink rose -

and Ramona Singer launched 'Ageless' skincare.

Lately, it's been candles; RHOD anesthesiologist Tiffany Moon has a line of aroma-stesia candles<sup>4</sup>,

RHOP's self-appointed *Grand Dame* Karen Huger has her 3-wick *La'Dame* line while her cast member/former professor/ BBL enthusiast Wendy Osefeo released *Onyi* (it sold out it's first run in three days).

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1. Plagiarism, the unauthorized use of another's work represented as your own, is not illegal. Copyright applies to 'original works of authorship fixed in a tangible medium'. Original means that an author produced a work by his or her own intellectual effort instead of copying or modifying it from an existing work. Fixed in a tangible medium means that work is able to be perceived, reproduced, or otherwise communicated. Your blog is the necessary 'tangible medium'.

2. MLM = Multi Level Marketing Scheme (NOT a Pyramid scheme, a pyramid scheme involves fraudulent behavior disguised as an MLM) ex: Avon., Herbalife, Mary Kay, National Safety Associates (NSA) / Juice Plus, The Pampered Chef, Primerica, Tupperware, World Financial Group (WFG)

3. **THE FOLLOWING HOUSEWIVES HAVE BEEN ARRESTED/ASSOCIATED WITH A FRAUDULENT SCHEME:**

Jen Shah (RHOSLC) - Arrested while filming for wire fraud and money laundering

Teresa Giudice (RHONJ) - Conspiracy to commit mail and wire fraud, bank fraud, false statements on loan applications, bankruptcy fraud

Erika Jayne Girardi (RHOBH) - Embezzling from families of victims of Lion Air Flight 610 plane crash via her attorney husband's class action lawsuit

Phaedra Parks (RHOA) - Ex-husband Apollo Nida was arrested for conspiracy to commit mail, wire and bank fraud (Parks is an attorney)

Dolores Catania (RHONJ) - Ex-husband Frank Catania was disbarred from practicing law for 'the knowing misappropriation of client and escrow funds)

Lisa Vanderpump (RHOBH) - Accused of manipulating payroll of her restaurant employees, potential arson of PUMP & SUR for insurance reasons

Sonja Morgan (RHONY) - Ordered to pay \$7 million to Hannibal Pictures for fraudulent conduct after failing to fund a John Travolta helmed film she agreed to finance

Mary Cosby (RHOSLC) - Rumored that the church she leads is in fact a cult that preys on their churchgoers; Her husband/Step Grandpa Robert Cosby Sr is accused of fraud by his wife's estranged mother for signing various deeds and mortgages; he paid \$1.2 million in damages

Teddi Mellencamp (RHOBH) - Accused of running a 'scam starvation camp': *All In By Teddi*

4. Aroma-stesia Candle Scents include Ketamine (pumpkin, cinnamon, apple, vanilla), Epinephrine (amber, cedarwood, jasmine) - a nod to Bacarrat Rouge 540? & Prophol (red rose petals and currant)

TO REDUCE VATA DOSHA

warm salads





tasty with salt!

## Perpetual Stew:

I am curious about your audience. If you are speaking to the [REDACTED] like [REDACTED] wouldn't they be familiar with the social movements of the day and find them flawed for not always focusing on an [REDACTED] instead of a slower perhaps more overcoming of a judicial inequality? Are you explaining this misunderstanding by appealing to the individual? By announcing a call for a world with no connection to society at large it feels as though their denouncement of a slower progress is validated. Could you speak to this?

In addition, I'm wondering about the consequences of generalization and the role that hierarchy plays in this. Your [REDACTED] mainly gives referential credit to theories of well known [REDACTED] yet in your talk with [REDACTED] you mention many names of the marginalized dealing with notions of [REDACTED] in 2020. By not naming these actors in your [REDACTED] and only in passing it as though they are not being [REDACTED] in the name of relatable generalization which in turn renders them [REDACTED]. Could you speak to how the benefits of this call for equity do not fit into our current world so that we must start anew?

# Forbidden Cheese/curds

aka squeaky cheese

In America, *The United States of, that is*, it is illegal to sell young raw milk cheeses. Young in cheese-years is anything less than sixty days and until that ~milestone~ the transcendent soul of the spoiling milk is considered not only unpasteurized but filthy with bacteria like Listeria, E. coli & Salmonella.

Any poutine you order from some ~\_\_trendy restaurant\_\_~ paying homage to the Québécois dish is actually a once-upon-a-poutine-that-is-now-french-fries-toppedw/gravy-and-extremely<sup>1</sup>-curdled-cheese<sup>2</sup>. The real question is does it matter? To a certain consumer, the thought of eating eight and a half week old cheese curds is not only sacrilegious but impossible.

*"Cheese curd<sup>3</sup> implies youth, straight from the press, a squeaky disposition!"*

For the American gourmet the mock curd products lining the refrigerated shelves of the Kroger are just that, a cheese product. Undefined & inedible, the aging curds are reduced to the level of Kraft Singles<sup>4</sup>, Easy Cheese, Velveeta & other embalmed 'cheeses'<sup>5</sup>. Cheese products have to qualify themselves, they are an overly processed cheese that lacks control, a stand-in for an unrecognized dish, immortal, beneficial but never fully capable of truly satiating a poutine purist. Sure, these 'cheese curds' can replace baby cheddar<sup>6</sup> but it exists for the average consumer as a reminder of that perfect, unattainable (outside of Wisconsin)<sup>7</sup>, gravy-laden treat.

## ON SUBSTITUTIONS:

***Although cheese could be considered a living organism as it ages and breathes like Homo Sapiens, humans are definitively not cheese and cheese is not human.***

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1. 'Extremely' being representative of radicality as in leaning into the process of curdling at its most potent by the assumed standards of the Québécois poutine eaters whose cheese curdles for ideally hours at most

2. In *Purity, Impurity & Separation*, Maria Lugones, pushes against the notion of separation as 'always or necessarily an exercise in purity' through the metaphor of the inherent instability of an emulsion, mayonnaise, and the act of oil & egg curdling. She states, "When an emulsion curdles, the ingredients become separate from each other. But that is not altogether an accurate description: rather, they coalesce toward oil or toward water, most of the water becomes separate from most of the oil-it is instead, a matter of different degrees of coalescence....when it separates, you are left with yolky oil and oily yolk (p. 459)"

3. I am interested in the time aspect of the curdle. What does a longer conceived curdle look like? Congealed curdle or less congealed?

4. My great-grandmother used to say American cheese tastes like a melted Barbie doll

5. American cheese has origins in a Switzerland lab, it became American when James L. Kraft bought the patent. Processed cheese then became petitioned by its competitors to be labeled as embalmed cheese as it was a second-rate product with seductive marketing...they failed. <https://www.organicauthority.com/buzz-news/american-cheese-neither-american-nor-cheese>

6. 1st coining of american cheese as cheddar - need citation

7. WI allows 'incidental sales' to consumers at the dairy farm where the milk is produced. [https://datcp.wi.gov/Pages/Programs\\_Services/Raw-Milk.aspx#:~:text=A%20Wisconsin%20statute%20says%20that,where%20the%20milk%20is%20produced.](https://datcp.wi.gov/Pages/Programs_Services/Raw-Milk.aspx#:~:text=A%20Wisconsin%20statute%20says%20that,where%20the%20milk%20is%20produced.)



## **~Miracle Spring Water~**

*'Idk I'll get a poland spring and its so annoying she never pays and always  
grabs an essentia or something'*

Apples, apricots, berries, cherries, coconut, dates, pear, papaya, plums, pomegranate, mango, orange, melons, watermelon, strawberries, figs and grapes. Avocado, broccoli, cauliflower, celery, cilantro/coriander, peas, pumpkin, radishes, cabbage, sweet potato, spinach, lettuce, okra, cucumber, potatoes, leafy greens, and mushrooms among others. Barley, couscous, oats, quinoa, granola, wheat, tapioca, wheat bran, pasta, pancakes, amaranth and rice (basmati) among others. Corn, buckwheat, millet, museli, rye, yeasted bread, polenta and brown rice.

***Anything that tastes bitter among the specified pitta pacifying foods category needs to be discarded immediately!!!!***

Scrambled eggs  
Scrambled eggs  
Rye toast  
Blueberry muffin  
Baconu

I pass this matcha<sup>1</sup> place on my way here.

It's even green on the outside, but a much deeper,  
forest-y cool green. I just started noticing it again  
because they have this sign up outside for  
'gluten-free' 'vegan' doughnuts.

I keep telling myself I'll stop in & treat myself tomorrow<sup>2</sup>

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1. Matcha comes in three grades:

Ceremonial: Sufficient for traditional Japanese tea ceremonies/ Buddhist Temples; It's almost always ground into a powder by granite stone. (\$\$\$\$)

Premium: Best for daily consumption; for ALL matcha drinkers (\$\$\$)

Cooking/Culinary: Cheapest of all; can be used in smoothies; usually out of season so more bitter (\$\$)

2. "a profound desire, a tendency to project—into things, into reality, into the future, and even into the sky—an image of himself and others so intense that it has a life of its own: an image that is always stitched together, patched up, continually growing along the way, to the point where it becomes fabulous. It is a machine for manufacturing giants, what Bergson called a fabulatory function", Afro-Fabulations, Tavia Nyong'o

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# Image List

p. 22, Red (No Taste), 2021, sugar, corn syrup & food dye, 96"x72"

p. 23, (L-R), Untitled ( Sit, 6-11), 24"x 10" x 24"; Red (No Taste), 2021, sugar, corn syrup & food dye, 96"x72"; T&A\_Mariesbreakcoupeglass.BREAKTHENET.jpg, 2021, 50:03; Untitled (Appendix), 2021, risograph & acrylic, 176" x 108";

p.24, (L-R), Untitled (Appendix), 2021, risograph, 176" x 108"; To Let Shape Announce the Filling, 2021, 2:47; CakeFace, 2021, video, 0:48

p.25, (L-R), Untitled ( Sit, 6-11), 24"x 10" x 24"; Untitled (Appendix), 2021, risograph & acrylic,; Sweetmeats, Risograph, 11"x17", 40 pages; Summerscents\_20Purrls\_with\_OACHAVEZ, 2021, video, 10:07

p.26, To Let Shape Announce the Filling, 2021, 2:47

p.27, T&A\_Mariesbreakcoupeglass.BREAKTHENET.jpg, 2021, 50:03

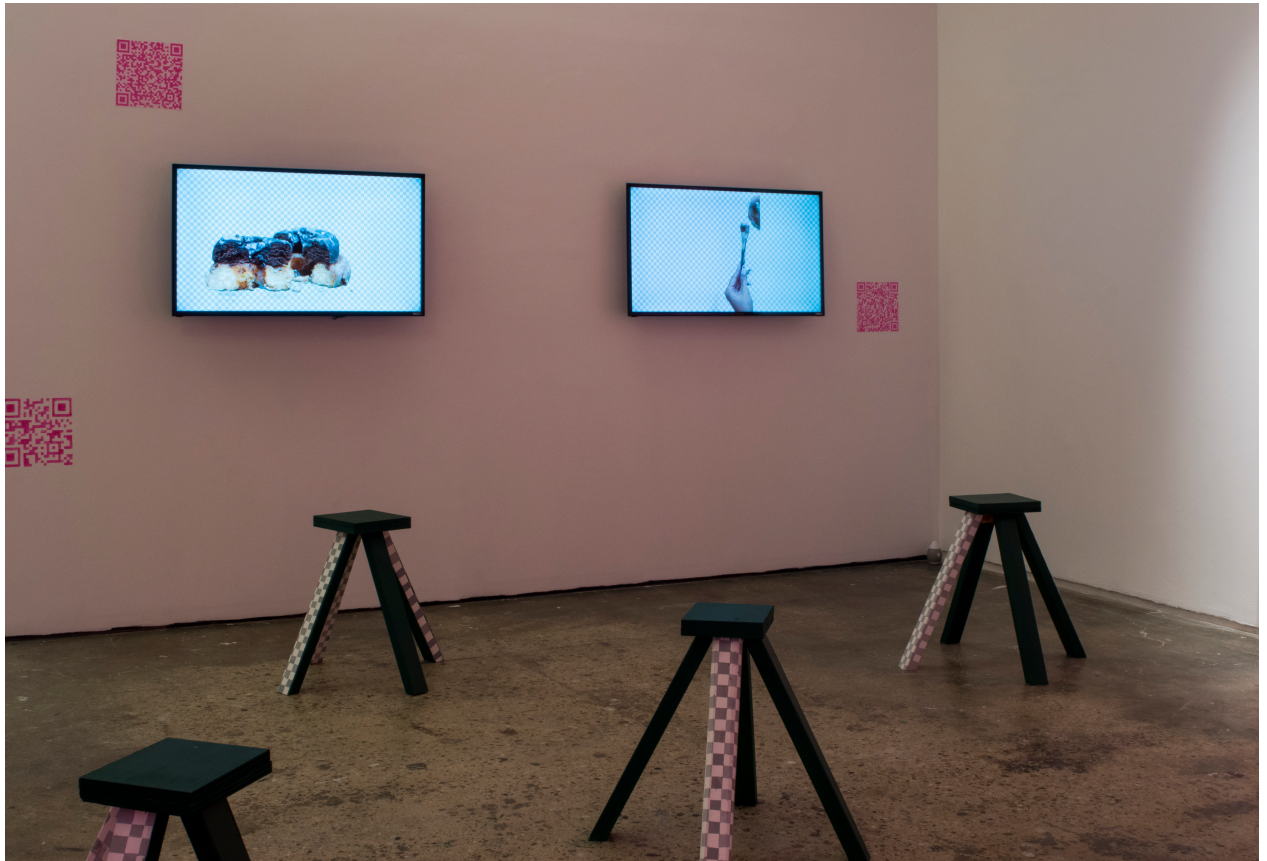


Installation View, *Red (No Taste)*, 96 inches by 72 inches, The Ways in Which, Fall 2021





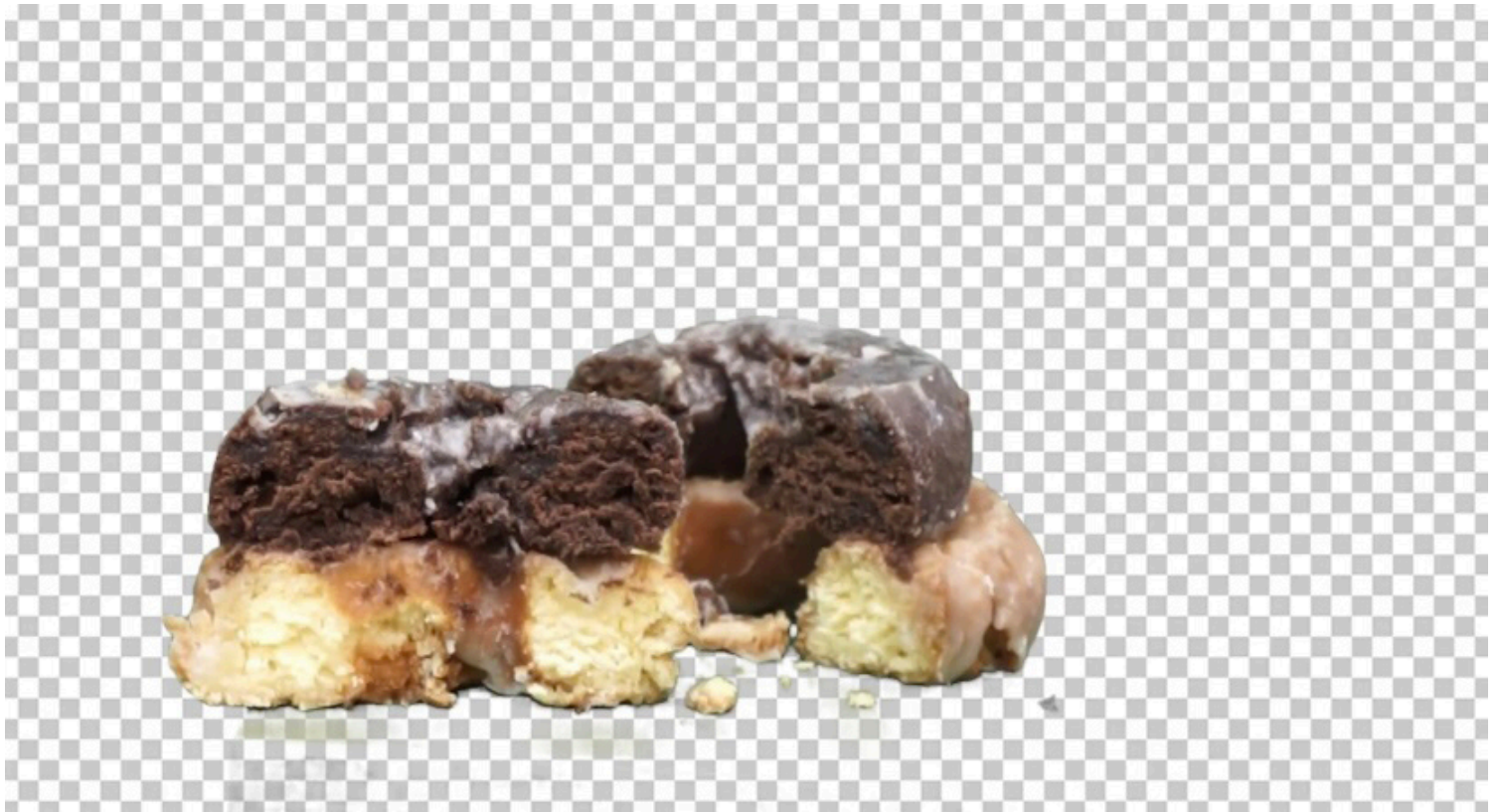
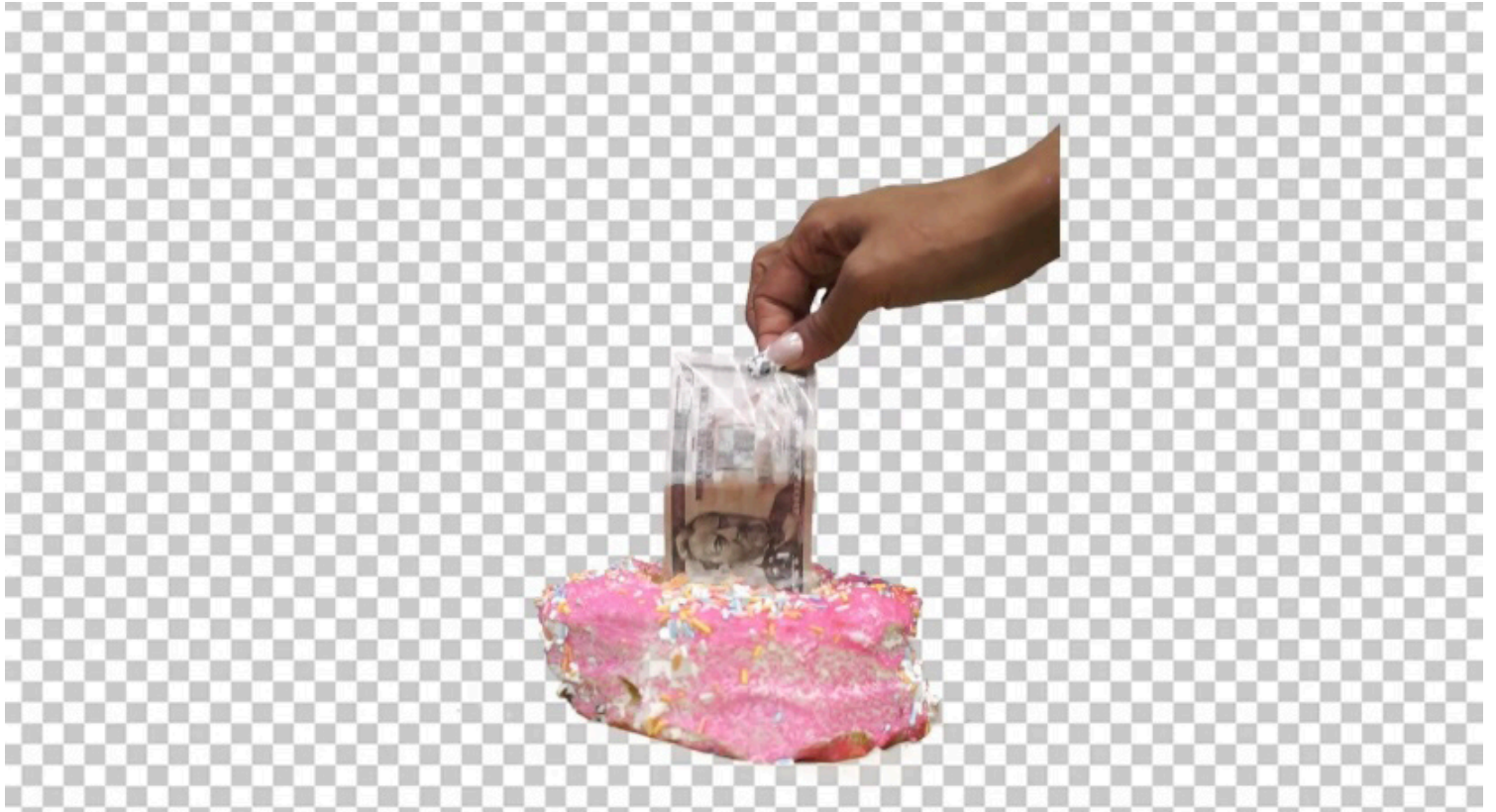
Installation View, The Ways in Which, Fall 2021



Installation View, The Ways in Which, Fall 2021



Installation View, The Ways in Which, Fall 2021

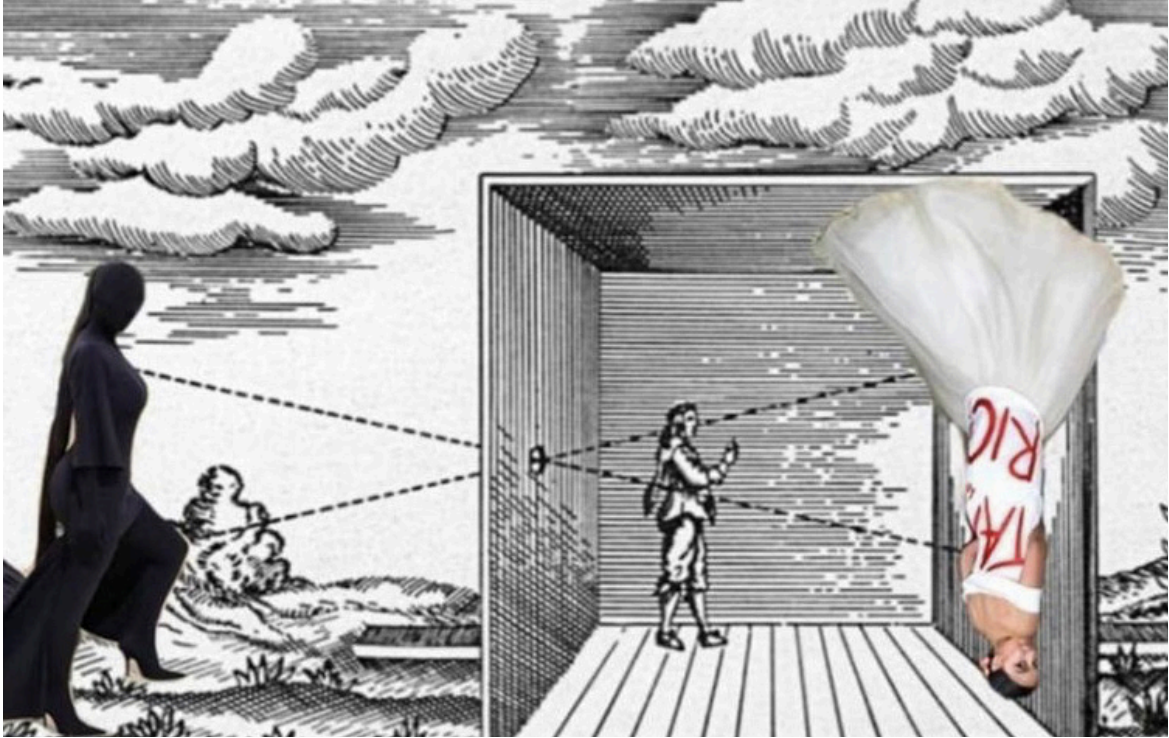


Stills from *To Let Shape Announce the Filling*, 2021, 2:47



Stil from *T&A\_Mariesbreakcoupeglass.BREAKTHENET.jpg*, 2021, 50:03

Appendix:



(camera obscura)

Kim Kardashian in Balenciaga & Alexandra Ocasio-Cortez (AOC) in Aurora James @ the Met Gala Sept 2021

instagram: @

The feminine urge to disappear completely



Kim Kardashian in Balenciaga @ the Met Gala Sept 2021

# 'Vaccine Shirts' Are the New Going Out Tops



Dolly Parton getting her COVID-19 vaccine  
instyle.com,03/04/2021

 Rolling Stone  
@RollingStone

Covid-19 Nasal Tests: Why People Love Getting Their 'Nussy' Swabbed



Meet the People Getting Off on Covid-19 Nasal Swabs  
rollingstone.com

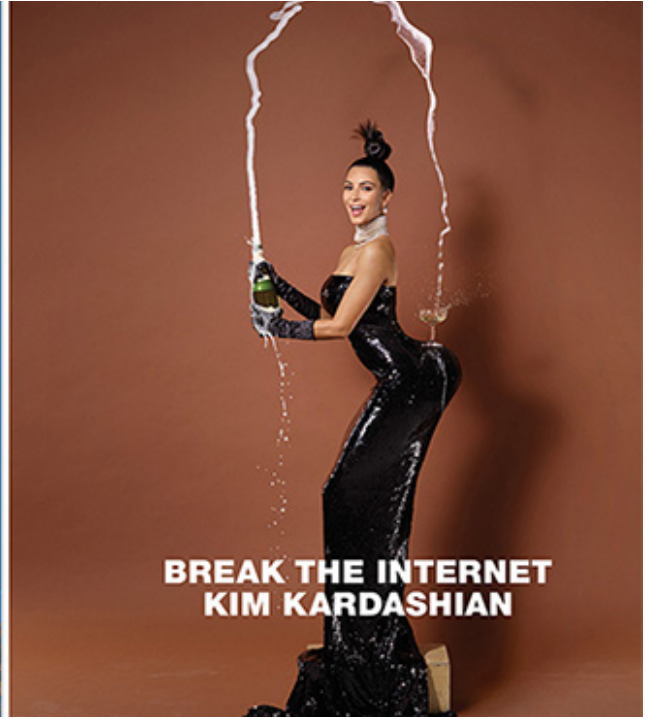


I had a crazy few days where  
I feel like I can't  
win...then I just opened a  
cherry jolly rancher and it  
dropped on the floor of the  
car...then I looked in the  
pack and realized that was  
the last cherry one and it  
was just a down moment that  
summed up a series of tough  
moments and I felt like ok I  
get it this is my L's I  
gotta take in  
sequence ...and then I  
turned my iPhone light on  
and realized a watermelon  
was a cherry so I got  
one...blessings to all y'all  
it's always there you just  
gotta find it





Carolina Beaumont, New York, 1976  
by Jean Paul Goude

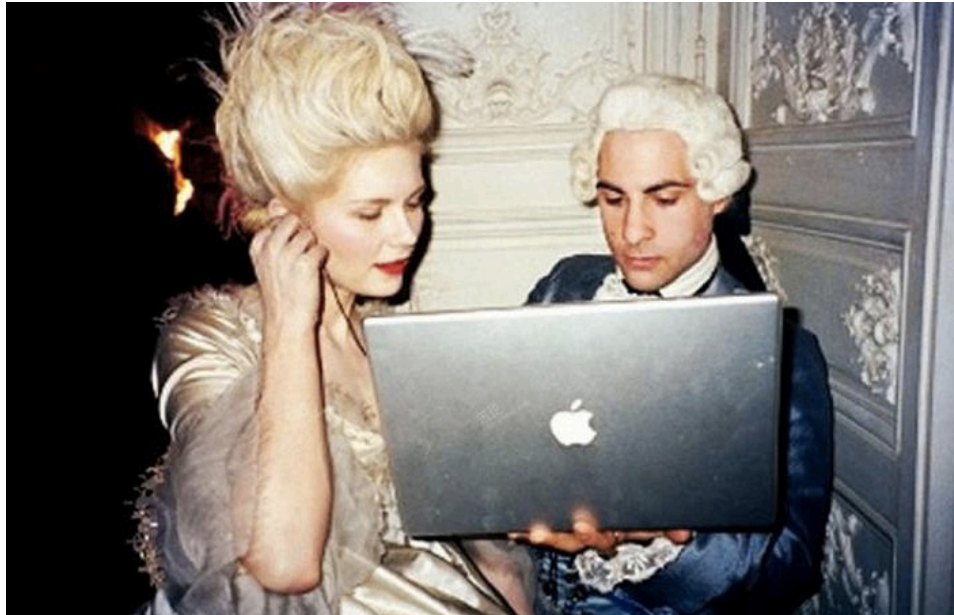


Kim Kardashian Break the Internet, 2014  
by Jean Paul Goude

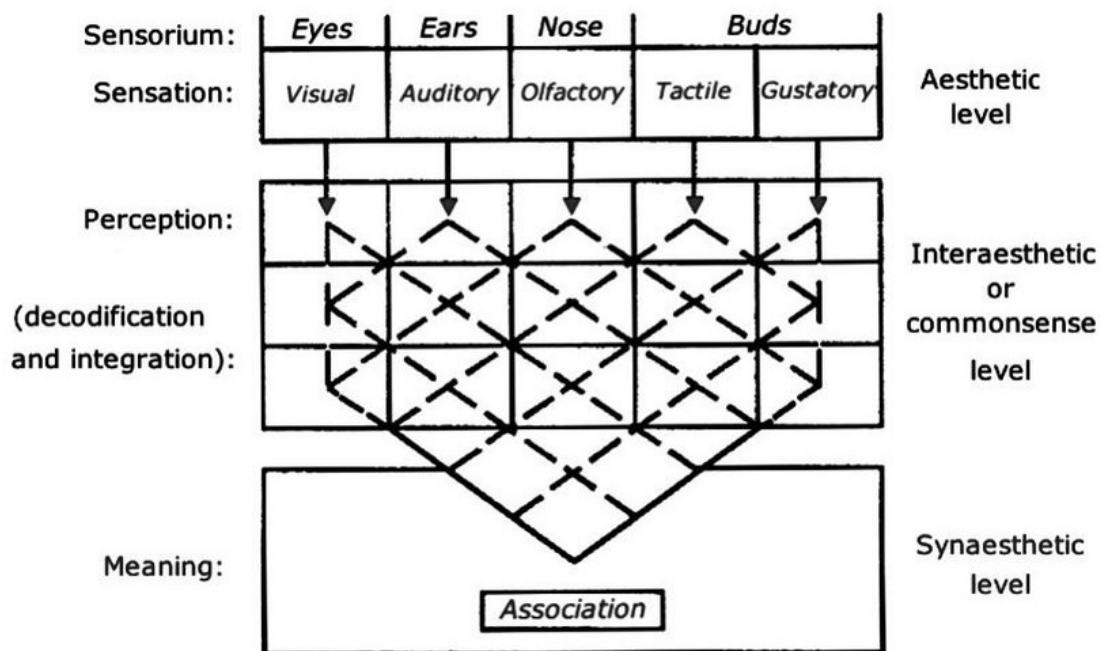


Lifestyle

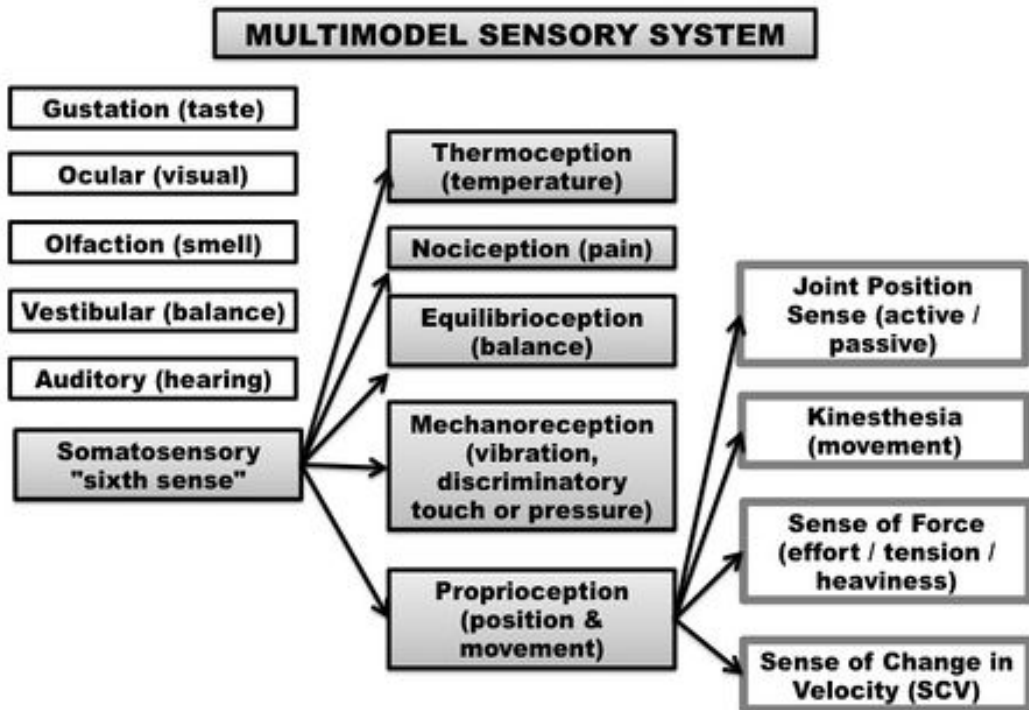
**MEGDASHIAN** Is Meghan Markle morphing into Kim Kardashian with a TV series, the same pals, beach-bum pics and family scandals?



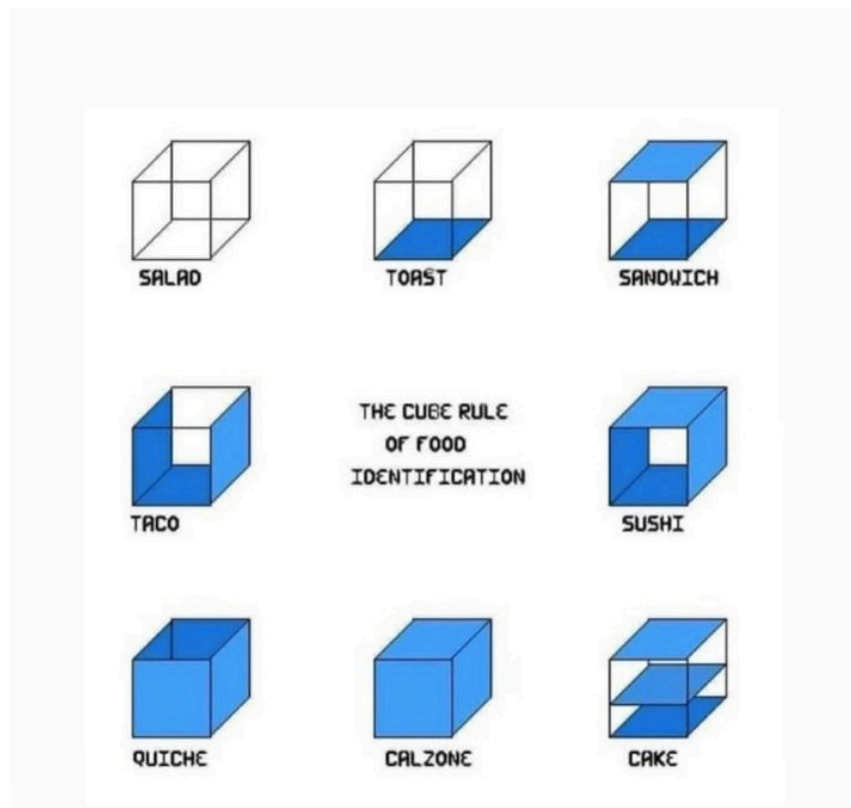
Kirsten Dunst & Jason Schwartzman on the set of Sofia Coppola's Marie Antoinette (2006)



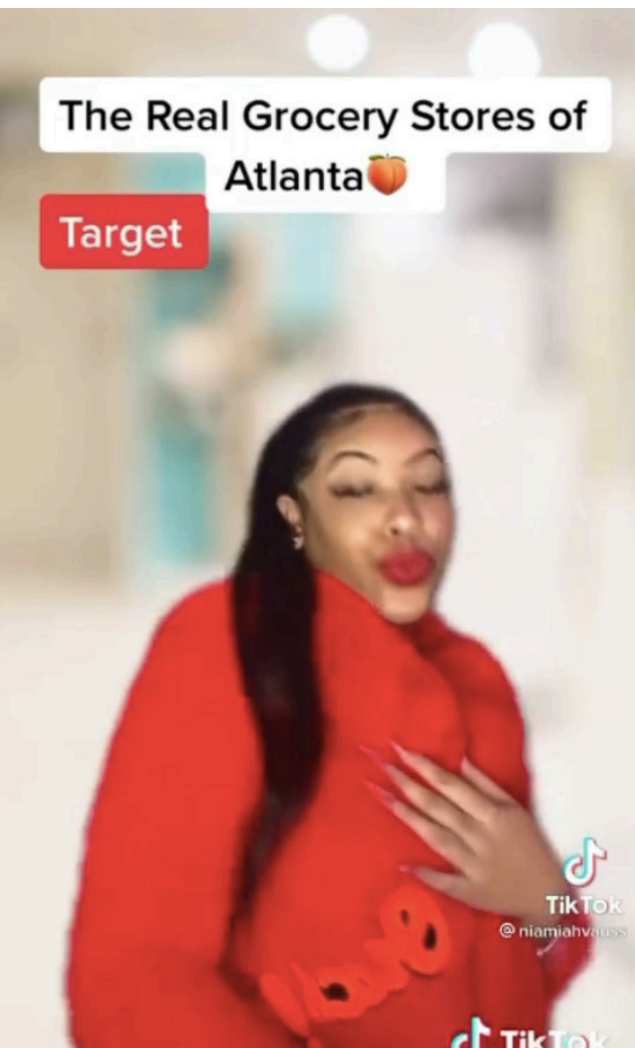
Synesthetic Model, Hugo Heyrman (2005)



Flowchart of the multimodal sensory systems of the central peripheral nervous system as it pertains to proprioception



First\*\* outlined in a tweet by @phoshatide & expanded into cuberule.com by Andre Arko. Defines food by the location of starch elements that are structural to the food .(ex: bread/crusts/etc)




tiktok: @niamiahvauss

**Kylie's New YouTube Series Inverts the KUWTK Formula** ✕

**kardashian\_kolloquium**  
3 hours ago

What seems to be coming next is a far less-subtle mega-commercial: a reality show about their businesses, while still subtly centering their personalities and sustaining their relevance



**There is no Kylie without Kylie lip kit**

**They are inverting their use of the "reality" medium to re-center business**

instagram @kardashain\_kolloquium, 2021



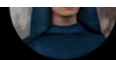
Premiere Dates for the Real Housewives city franchises:  
RHOC: 2006 RHONY: 2008 RHOA: 2008 RHONJ: 2009  
RHOBH: 2010 RHOP: 2016 RHOD: 2016 RHOSLC: 2020  
Real Housewives Ultimate Girls Trip: 2021 (fka: All Stars)



Dara Birnbaum, *Kiss the Girls: Make Them Cry* (1979)



Mel Chin, *Food for Thought, In the Name of the Place* (1996)  
Appeared as set design for *Melrose Place*  
Packaging reads: 'Human Rights', 'Turmoil and Chaos'



@minasdemon

If you know you know...

Grimes, Elon Musk,<sup>[111]</sup> Remy Ma,<sup>[112]</sup> Cardi B,  
Kim Kardashian, Kanye West, Lorde, Lana Del  
Rey, Marina Diamandis, Charli XCX, Lady  
Gaga, T.I., Iggy Azalea, Action Bronson, Lil'  
Kim, Skai Jackson, Rita Ora, Kendrick Lamar,  
Pharrell Williams, Erykah Badu, Kreyashawn,  
Rihanna, ASAP Rocky, Baauer, Nicki Minaj, Sia,  
Dominique Young Unique, Jim Jones,  
Beyoncé, Angel Haze, Lily Allen, RZA, SZA,  
Rico Nasty, Lupe Fiasco, Eminem, RuPaul,  
Perez Hilton, Nick Cannon, Diplo, Shea Coulee,  
Funkmaster Flex, The Stone Roses, K.  
Michelle, Shystie, Amanda Brunker, Troy  
Carter, Cupcakke, Mariah Lynn, DC Young Fly,  
<sup>[113]</sup> Disclosure, Lizzo, Kim Petras, Slayyyter,

'Azealia Banks', wikipedia via twitter: @minasdemon



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Since we are under a Severe Thunderstorm Watch this evening, it's a good time to go over the difference between a watch and a warning.

Watch 🟠 : We have the ingredients to make tacos.

Warning 🔴 : We are having tacos. Right now.



TACO WATCH



TACO WARNING





The Clermont Twins &  
Austin Powers  
Impersonator,  
Richard Halpern, for  
clothing brand  
*Welcome Objects*, 2021



@plounce

i love star trek. genuinely. i  
love to be told about some  
alien fruits and see that  
those are clearly yellow bell  
peppers with guacamole in  
them



The trick is to  
scoop out the pulp

BG  
SG

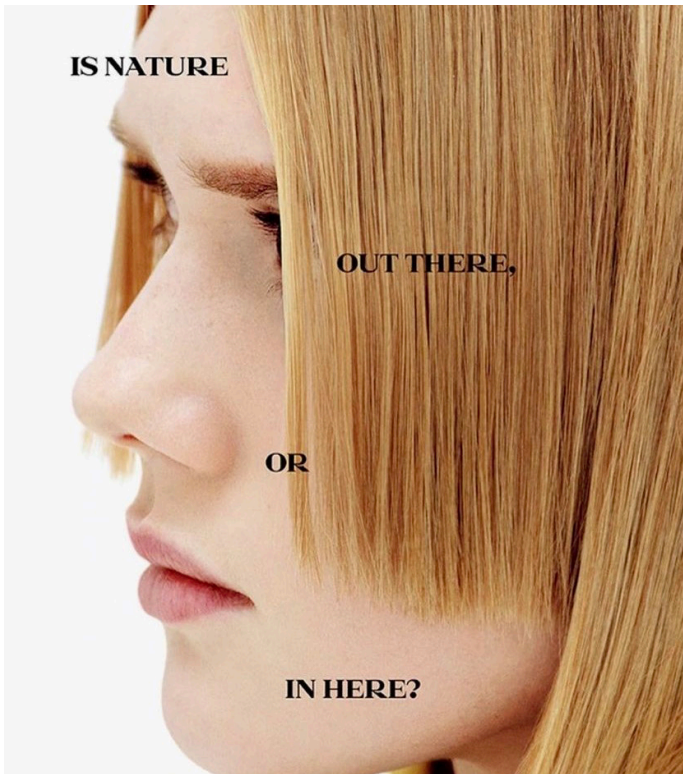
# Fragrance Concentration Guide

Concentration	Type	Average Duration
20-30%	PURE PERFUME (Parfum)	LASTS UP TO 8 HOURS (on average)
15-20%	EAU DE PARFUM (EDP)	
5-15%	EAU DE TOILETTE (EDT)	
2-4%	EAU DE COLOGNE (EDC)	LASTS LESS THAN 2 HOURS (on average)

instagram:  
@blackgirlssmellgood



Doja Cat performing after screen glitches out, Gary Miller, 2021



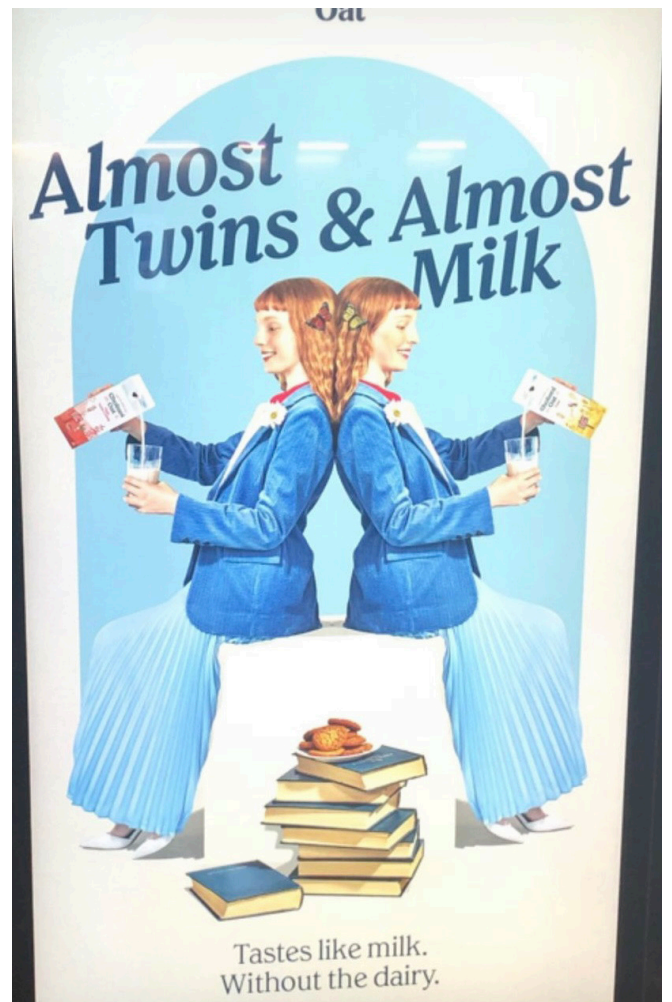
Prada SS2021



Fendi x Versace Collaboration, 2021



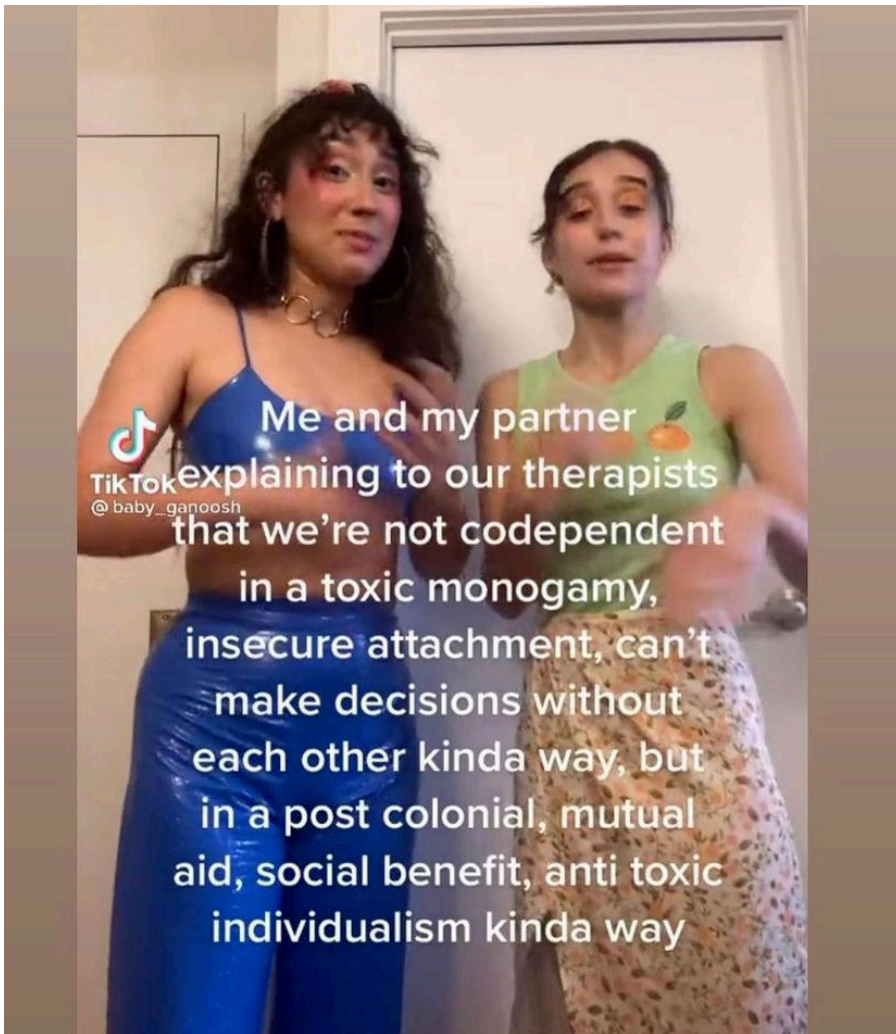
Kourtney Kardashian & Megan Fox for Skims, 2021



Tastes like milk.  
Without the dairy.

Chobani Oat, 2021





TikTok  
@baby\_ganoosh

Me and my partner explaining to our therapists that we're not codependent in a toxic monogamy, insecure attachment, can't make decisions without each other kinda way, but in a post colonial, mutual aid, social benefit, anti toxic individualism kinda way



Representations illustrating sexual caresses were illegal, but publications that showed corsets were not. *London Life* could say a lot about the erotics of rubber as long as no one kissed; it could detail fetters and piercing at great length as long as no one orgasmed.

Instagram: @leatherarchives